



Session 1: Introduction

Goals of the Session

- Establish AIM's qualifications for providing training
- Give an overview of AIM's work in fighting sex trafficking in Cambodia
- Give an at-a-glance view of the content to be covered during the course of the entire training
- Explore and explain varying statistics and definitions of human trafficking
- Prepare learners to move from a place of awareness to being ready to take ACTION!

Materials for the Session

- Training Video: Session 1
- AIM Overview Video: [Celebrating 25 Years! AIM 1988-2013](#)
- Justice Video: [Is Justice Worth It?](#)
- [Session 1 Handout](#)
- [Session 1 Homework](#)

Leader Preparation

- Ensure that videos are loaded and ready
- Print out handouts and homework for group members

Session Step-By-Step

As this session is meant to be an introduction of the course, take some time to get to know the people in your group, particularly if this is your first time meeting together. It is important to know each other as you can help to encourage each other through the course as well as give each other ideas as to how you each might be able to jump in and begin to serve. Be intentional and set the tone for the group as a safe environment to share.

1. Open in prayer
2. Spend time getting to know the members of your group
 - Ask questions about their background, why they are interested in participating, etc.
3. Pass out the [Session 1 Handout](#) and ask people to follow along during the video.
4. Watch the Training Video: Session 1
5. Watch the Justice Video: [Is Justice Worth It?](#)
6. Discuss. The following are sample questions, but feel free to use your own
 - Why do you think it is important to move from awareness to action?
 - Are there areas of your own lives where your words and actions don't line up?
 - Why is it important to avoid getting involved with definitional battles?
 - Many people have excuses for why they don't get involved. *The problem is too big, it isn't that big of a deal, there isn't enough information about it, there is so much information it is too overwhelming, etc.* Are you still holding on to any excuses? What can help you overcome those fears or concerns?
7. Watch AIM Overview Video: [Celebrating 25 Years! AIM 1988-2013](#)

8. Tell people about the additional resources available online (see list below)
9. Pass out the [Session 1 Homework](#) and let people know that you will be discussing the questions next session
10. Close in prayer

Additional Resources

- [The Pink Room](#)
 - Documentary film that follows the story of Mien, a young woman exploited by traffickers but who finds hope and restoration through the work of ordinary Christians
 - [Purchase the DVD](#)
- [CNN Freedom Project: Every Day in Cambodia](#)
 - Mini-documentary about sex trafficking in Cambodia that highlights AIM's work to combat trafficking particularly in Svay Pak
- [Nefarious](#)
 - Documentary film about modern day slavery, or human trafficking, around the world
- [Human Trafficking Definitions](#)
 - Brief commentary about and compilation of various legal definitions of human trafficking from the United Nations, United States, and select U.S. states.
- [Human Trafficking and Prostitution: Dispelling Myths](#)
 - Article about the relationship between human trafficking and prostitution
- [Common Terminology Used When Discussing Human Trafficking](#)
 - List of words and phrases commonly used by anti-human trafficking advocates
- [Prostitution and Trafficking Factsheet](#) from [Prostitution Research & Education](#)
 - Compilation of key facts from academic journals and articles about the realities of prostitution, trafficking, and pornography