



Resources for Confronting Demand in the Church and in Our Hearts

Statistics about pornography: <http://www.covenanteyes.com/pornstats/>

- Statistics regarding pornography use, the pornography industry, pornography in the church, first exposure to pornography, and pornography and marriage

Accountability software:

- Computers and tablets
 - Covenant Eyes: <http://www.covenanteyes.com/>
 - XXX Church: <http://www.xxxchurch.com/>
 - Safe Eyes: <http://internetsafety.com/>
- Smart Phones
 - X3watch app: <http://x3watch.com/android-parental-control/> (android phones) and <http://x3watch.com/ios/> (ipads and iphones)
 - Safe Eyes: <http://internetsafety.com/>
 - Mobile Security: <https://www.mobsafety.com/>

Blogs:

- Wired for Intimacy: <http://wiredforintimacy.blogspot.com/>
- Covenant Eyes: <http://www.covenanteyes.com/>

Resources for parents to protect their kids:

- Parenting in a sexualized culture: http://purehope.net/assets/PureHOPE_ParentingBooklet-WEB.pdf
- Family Online Safety Institute: <https://www.fosi.org/>
 - Includes tutorials, guides, a family online safety contract, and more
- NetSmartz: <http://www.netsmartz.org/Parents>
 - From the National Center for Missing and Exploited Children and includes many resources for parents, kids, and teens, including fun educational videos
- Children's search engines for safe browsing:
 - <http://www.kidrex.org/>
 - <http://www.safesearchkids.org/>

Resources for those struggling:

- Free video: *Escaping the Porn Trap* <http://vimeo.com/34346242>

- Free e-book: *The Porn Circuit* <http://www.covenanteyes.com/science-of-porn-addiction-ebook/>
- Free book: *Your Brain on Porn* http://www.covenanteyes.com/brain-ebook/?utm_campaign=porn-stats
- Thirty-day online workshop for men, women, couples, or parents: <http://www.x3pure.com/>
- Free book for men: *Porn Again Christian* <http://resurgence.marhillbus.com/resurgence/series/porn-again-christian>
- Recovery Groups:
 - Celebrate Recovery: <http://www.celebraterecovery.com/>
 - Sex Addicts Anonymous: <http://saa-recovery.org/>
 - Sexaholics Anonymous: <http://www.sa.org/>
 - Sexual Recovery Institute: <http://www.sexualrecovery.com/>
 - Pure Desire: <http://www.puredesire.org/home-english/>
- Additional Resources:
 - Genesis Counseling: <http://www.genescounseling.org/>
 - Pure Life Ministries: <http://www.purelifeministries.org/>

Resources for wives of addicted husbands:

- Free e-book: *Porn and Your Husband* <http://www.covenanteyes.com/marriage-advice-my-husband-watches-porn/>
- Free e-book: *Hope After Porn* <http://www.covenanteyes.com/hope-after-porn-how-their-marriages-were-saved/>
- XXX Church blog: <http://www.xxxchurch.com/blog>
- Covenant Eyes blog: <http://www.covenanteyes.com/category/help-others-restore-integrity/>
- Pure Desire Ministries International: <http://www.puredesire.org/get-help/for-women/>
 - Resources, books, conferences for women

Resources for accountability groups:

- Accountability questions: <http://www.covenanteyes.com/lemonade/wp-content/uploads/2010/06/Christian-Accountability-Discussion-Guide.pdf>

Resources for Christian leaders:

- Free e-book: *Porn Free Church* <http://www.covenanteyes.com/porn-free-church/>
- Morality in Media Porn Harms: <http://pornharms.com/>
 - Lots of information and research on the harms of pornography, plus an excellent resources page
- Pure Desire Ministries International: <http://www.puredesire.org/home-english/>
 - Resources, books, conferences, and help for men, women, and teens

Books:

- [*Every Man's Battle*](#) by Stephen Arterburn and Fred Stoeker
- [*Every Young Man's Battle*](#) by Stephen Arterburn and Fred Stoeker
- [*Eyes of Honor*](#) by Jonathan Welton
- [*Hope After Betrayal*](#) by Meg Wilson
- [*Porn Again Christian*](#) by Mark Driscoll
- [*Pure Desire*](#) by Ted Roberts

- [*Reading Your Male*](#) by Mary Farrar
- [*Redemption*](#) by Mike Wilkerson
- [*When His Secret Sin Breaks Your Heart*](#) by Kathy Gallagher
- [*Wired for Intimacy*](#) by William M. Struthers

Documentary:

Somebody's Daughter. <http://www.somebodysdaughter.com/>